## Sainik School Amethii

India is the nation which defines the term Unity in Diversity. The term Unity in diversity refers to the togetherness in-spite of presence of immense different beliefs. Ek Bharat Shreshtha Bharat programme aims for improving the unity between different cultures of Indian society. It stresses on state-state, state-Union Territory or district to district harmony and brotherhood by organizing cultural exchange programs. The aim of this scheme is to boost unity in India through the existing cultural connections among various parts of the country. It also aims to improve interaction between Indian people who are living at different places all through the country. This initiative will connect people to people which will really enhance unity in India. In order to strengthen the unity and integrity in India under the EBSB, along with promoting a proper understanding of the culinary arts relating to or connected with the cooking, kitchen, plating, presentation and service of food among the cadets, SSA organized a culinary exchange program on 11 Jul 2022 at Nirmal Jeet Singh Sekhon Cadets' Mess based on theme "Indian Cuisine amalgamation of different types of culinary arts" by preparing traditional dish Nagaland. All the cadets tasted the dish. After tasting the dish, the cadets wrote a descriptive writing on the dish Akibeye. It was an opportunity for the cadets to taste the dish and learn about the variety of cuisines, food ingredients. All the cadets were impressed and inspired while participating in the Culinary Exchange Program.